

MINOR IN COUNSELING

Undergraduate Minor Advisor: Dr. Sandra Fitzgerald sfitz@sfsu.edu

The Minor in Counseling program and related elective courses emphasize counseling as it relates to a variety of major fields of study. COUN 690 provides a broad overview of the entire field of counseling and COUN 691 exposes students to the department's core value of multicultural human relations.

The Field of Counseling

Students are introduced to the counseling profession through an overview of the role and functions of counselors in career, college, marriage, family and child, school, mental health, and rehabilitation settings; historical perspective; professional identification; ethical considerations; and self-awareness.

Psychological Understandings

Students receive a general introduction to the field of counseling and psychological dynamics.

Decision Making

Students examine how individuals make choices and how decisions are made through self-assessment and evaluation by others. The study includes ethnic and cultural differences in the decision-making process.

Multicultural Human Relations

This group of courses equips students with the intrapersonal and interpersonal insights, socio-historical knowledge and communication competencies necessary to develop and enhance their multicultural relationships.

The counseling minor requires that students take courses that coincide with their major field of study. In addition to required courses, students must take elective courses. The electives must include courses that address social justice and at least one fieldwork course. Students must select courses with the approval of the minor advisor. Courses used to fulfill a major requirement may also be counted to fulfill the minor requirements.

Counseling, Minor – 18-20 units

- A minimum of 6 upper-division units are required to complete the minor.
- All coursework used to satisfy the requirements of the minor must be completed with a minimum grade point average of 2.0.
- All coursework must be taken at SF State except for the general psychology course, which can be transferred from a community college.

Required Core Courses (12 units)

Code	Title	Units
COUN 690	Field of Counseling I	3
COUN 691	Multicultural Human Relations	3
PSY 200	General Psychology	3
Select One:		3
PSY 431	Developmental Psychology	
PSY 330	Child Development	
S W 410	Human Development and the Social Services	

Electives (6-8 units)

Social Justice Elective

Select One:

Code	Title	Units
AIS 420	Native Genders and Feminism	3
AIS 440	Native Sexualities and Queer Discourse	3
AIS 470	American Indian Ethnicity: Problems in Identity	3
AFRS 515	Black Family Studies	3
COMM 541	Critical Approaches to Culture and Communication	4
COMM 557/ LS 403	Performance and Pedagogy of the Oppressed for Educators	3
COUN 110	Critically Thinking About Career Choice: Self, Community, Society, and the World	3
PSY 450	Variations in Human Sexuality	3
RRS 303	Health and Wellness among Pacific Islanders	3
RRS 410	Grassroots Organizing for Change in Communities of Color	3
RRS 571	Women, Race, and Class	3
RRS 580	Educational Equity	3
S ED 300	Education and Society	3
SOC/RRS 330	Comparative Race and Ethnicity in the U.S.: Class, Gender, and Nation	3
SOC/SXS 400/ PSY 450	Variations in Human Sexuality	3
SPED 330	Introduction to Disability	3
WGS 220	Introduction to Feminist Disability Studies	3
WGS/AIS 420	Native Genders and Feminism	3
WGS 511	Women and Violence	3

General Elective

Select One:

Code	Title	Units
AFRS 401	Pan African Black Psychology: A North American, South American, and Caribbean Comparison	3
AFRS 525	Black Child Development	3
C J 550	School Violence and Discipline	3
COMM 502	Interpersonal Communication	4
COUN 110	Critically Thinking About Career Choice: Self, Community, Society, and the World	3
FCS 220	Young Children and Families	3
FCS 321	Adolescents and Families	3
LTNS 380	Afro/Latina/o Diasporas	3
PSY/SXS 320	Sex and Relationships	3
PSY 464	Psychology of Career Pursuit	3
PSY 465	The Psychology of Work-Life Stress	3
SOC 464	Families and Society	4
SOC 467/ SXS 667	Lesbian, Gay, Bisexual, Transgender and Queer Cultures and Society	4
SOC 469	Gender and Society	4
S W 350	Services to Children, Youth, and Their Families	3